



the  
ART OF GOOD EATING

# LUNCH MENU

[Dine in or Carry Out]

630-310-1283

2004 Ogden Ave, Lisle

## SERVED DAILY

	12 oz	16 oz
Pale Ale Chili	4.75	6.45
Fresh Daily Soup	3.25	3.95
Daily House Made Soup	3.25	3.95

**SANDWICHES** with Greens, Tomato and Onion on Brioche Bun. Choice House Made Kettle Chips: Plain, Parmesan Ranch, Sriracha or Truffle Salt.

American or Swiss Cheese .25

1/3 lb Angus Burger	8.25
1/3 lb Bison Burger	9.45
Impossible Burger	9.95
Black Bean Burger	7.65
Grilled Chicken Breast	7.65
Mahi Mahi	8.45

Gluten Free Bun Add .75

**Gourmet Toppings Choices** Add .75

Bacon	French Onion
Avocado Ranch Spread	Ghost Pepper Bacon
Cauliflower Garlic Spread	Mushroom

Classic BLT 6.55

Ample Amount of Crisp Thick Bacon, Ripe Tomato, Red Leaf Lettuce and a Smear of Mayonnaise Served on Bakery Fresh Wheat or White Bread

Grilled Ham & Cheese with Tomato Soup 8.55

Our Bakery Fresh Wheat or White Bread Grilled with Fresh Cut Ham off the Bone and American Cheese

Chicken Salad Wrap 6.95

Diced Grilled Chicken Tossed with our Avocado Ranch Served with Lettuce and Tomato

[www.theartofgoodeating.org](http://www.theartofgoodeating.org)





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## SALADS

Optionally Topped with Mahi Mahi, or Grilled Chicken Add 1.75

Twelve Superfoods Salad 8.25

Kale, Blueberries, Grapes, Dried Cherries, Quinoa, Sunflower Seeds, Walnuts, Edamame, Oranges (orange juice), Olive Oil, Garlic, and Greek Yogurt

Chop Salad 7.45

Greens, Cucumber, Tomato, Carrots, Black Beans, Orzo, Garbanzo and Cheddar Cheese with our House Balsamic Dressing Served on the side

## FOR CHILDREN under 10 years

Kids Burger 3.95

Popcorn Chicken 3.95

Grilled Cheese 3.95

## BEVERAGES

Coke 1.50

Diet Coke 1.50

Sprite 1.50

Dr. Pepper 1.50

Fruit Juice 1.00

Bottled Water 1.00

Specialty Water 1.50

Craft Beer 5.00

Domestic Beer 4.00

House Wine 6.00

